# STABILITY IN CONTROLLED L-THEORY 

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## 1. Introduction

Let us fix an integer $n \geq 0$, a continuous map $p_{X}: M \rightarrow X$ to a metric space $X$, a ring $R$ with involution, and a pair of positive numbers $\epsilon \leq \delta$. The abelian group $L_{n}^{\delta, \epsilon}\left(X ; p_{X}, R\right)$ is defined to be the set of equivalence classes of $n$-dimensional quadratic Poincaré $R$-module complexes on $p_{X}$ of radius $\epsilon$ ( $=n$-dimensional $\epsilon$ Poincaré $\epsilon$ quadratic $R$-module complexes on $p_{X}$ ), where the equivalence relation is generated by Poincaré cobordisms of radius $\delta(=\delta$ Poincaré $\delta$ cobordisms) [8] [9][11]. If $\delta \geq \delta^{\prime}$ and $\epsilon \geq \epsilon^{\prime}$, there is a natural homomorphism

$$
L_{n}^{\delta^{\prime}, \epsilon^{\prime}}\left(X ; p_{X}, R\right) \rightarrow L_{n}^{\delta, \epsilon}\left(X ; p_{X}, R\right)
$$

defined by relaxation of control. In general, this map is neither surjective nor injective. None the less, if $X$ is a finite polyhedron and $p_{X}$ is a fibration, the map above turns out to be an isomorphism for certain values of $\delta, \delta^{\prime}, \epsilon, \epsilon^{\prime}$ :

Theorem 1 (Stability in Controlled $L$-groups). Let $n \geq 0$. Suppose $X$ is a finite polyhedron and $p_{X}: M \rightarrow X$ is a fibration. Then there exist constants $\delta_{0}>0$ and $\kappa>1$, which depend on the integer $n$ and $X$, such that the relax-control map $L_{n}^{\delta^{\prime}, \epsilon^{\prime}}\left(X ; p_{X}, R\right) \rightarrow L_{n}^{\delta, \epsilon}\left(X ; p_{X}, R\right)$ is an isomorphism if $\delta_{0} \geq \delta \geq \kappa \epsilon, \delta_{0} \geq \delta^{\prime} \geq \kappa \epsilon^{\prime}$, $\delta \geq \delta^{\prime}$, and $\epsilon \geq \epsilon^{\prime}$.

It follows that all the groups $L_{n}^{\delta, \epsilon}\left(X ; p_{X}, R\right)$ with $\delta_{0} \geq \delta \geq \kappa \epsilon$ are isomorphic and are equal to the controlled $L$-group $L_{n}^{c}\left(X ; p_{X}, R\right)$ of $p_{X}$ with coefficient ring $R$.

Stability is a consequence of squeezing; squeezing/stability for controlled $K_{0}$ and $K_{1}$-groups were known [3]. 'Splitting' was the key idea there. An element of a controlled $L$-group is represented by a quadratic Poincaré complex on a space. If it splits into small pieces lying over cone-shaped sets (e.g. simplices), then we can shrink all the pieces at the same time to obtain a squeezed complex. But splitting in $L$-theory requires a change of $K$-theoretic decoration; if you split a free quadratic Poincaré complex, then you get a projective one in the middle. Since the controlled reduced projective class group is known to vanish when the coefficient ring is $\mathbb{Z}$ and the control map is $U V^{1}$, we do not need to worry about the controlled $K$-theory and squeezing holds in this case [4].

Several years ago the first named author proposed an approach to squeezing/stability in controlled $L$-groups imitating the method of [3]. The idea was to use projective complexes to split and to eventually eliminate the projective pieces using the Eilenberg swindle :

$$
\begin{aligned}
{[P] } & =[P]+(-[P]+[P])+(-[P]+[P])+(-[P]+[P])+\cdots \\
& =([P]-[P])+([P]-[P])+([P]-[P])+([P]-[P])+\cdots=0 .
\end{aligned}
$$

This approach works for any $R$ if $X$ is a circle; we will briefly discuss the proof in section 3.

The method used in section 3 does not generalize to higher dimensions, because it requires repeated application of splitting but that is not easy to do with projective complexes. That means that we should give up globally shrinking the complex and
should shrink a small part of the complex lying over a cone neighborhood of some point at a time. We call this local shrinking construction an Alexander trick and study its effect in section 4 , and use it repeatedly to prove Theorem 1 in section 5. Note that we do one splitting of the whole complex for each application of an Alexander trick; we are not splitting the split pieces.

In section 6, we discuss several variations of Theorem 1.
Finally, in section 7 , we relate the delta-epsilon controlled $L$-groups to the bounded $L$-groups in a special case.

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## 2. Splitting of Quadratic Poincaré Complexes

In this section we review a technique called splitting. If $p_{X}: M \rightarrow X$ is a control map and $Y$ is a subset of $X$, then we denote the restriction $p_{X} \mid Y$ of $p_{X}$ by $p_{Y}$. A closed $\epsilon$ neighborhood of $Y$ in $X$ is denoted by $Y^{\epsilon}$. We refer the reader to [8] [9] for terms and notations in controlled $L$-theory.

Before stating the splitting lemma, let us recall a minor technicality from $\S 6$ of [7]: Suppose $X$ is the union of two closed subsets $A$ and $B$ with intersection $Y=A \cap B$. If a path $\gamma:[0, s] \rightarrow M$ with $p_{X} \gamma(0) \in A$ is contained in $p_{X}^{-1}\left(\{\gamma(0)\}^{\epsilon}\right)$, then it lies in $p_{X}^{-1}\left(A \cup Y^{2 \epsilon}\right)$. Of course it is contained also in $p_{X}^{-1}\left(A^{\epsilon}\right)$, but this is slightly less useful.

Lemma 2 (Splitting Lemma). For any integer $n \geq 2$, there exists a positive number $\lambda \geq 1$ such that the following holds: If $p_{X}: M \rightarrow X$ is a map to a metric space $X$, $X$ is the union of two closed subsets $A$ and $B$ with intersection $Y$, and $R$ is a ring with involution, then for any n-dimensional quadratic Poincaré $R$-module complex $c=(C, \psi)$ on $p_{X}$ of radius $\epsilon$, there exist a Poincaré cobordism of radius $\lambda \epsilon$ from $c$ to the union $c^{\prime} \cup c^{\prime \prime}$ of an n-dimensional quadratic Poincaré pair $c^{\prime}=\left(f^{\prime}: P \rightarrow\right.$ $C^{\prime},\left(\delta \bar{\psi}^{\prime},-\bar{\psi}\right)$ ) on $p_{A \cup Y^{\lambda \epsilon}}$ of radius $\lambda \epsilon$ and an $n$-dimensional quadratic Poincaré pair $c^{\prime \prime}=\left(f^{\prime \prime}: P \rightarrow C^{\prime \prime},\left(\delta \bar{\psi}^{\prime \prime}, \bar{\psi}\right)\right)$ on $p_{B \cup Y^{\lambda \epsilon}}$ of radius $\lambda \epsilon$, where $(P, \bar{\psi})$ is an ( $n-1$ )-dimensional quadratic Poincaré projective $R$-module complex on $p_{Y^{\lambda \epsilon}}$ and $P$ is $\lambda \epsilon$ chain equivalent to an $(n-1)$-dimensional free chain complex on $p_{A \cup Y{ }^{\lambda \epsilon}}$ and also to an $(n-1)$-dimensional free chain complex on $p_{B \cup Y \text { גє }}$.

Proof. This is an epsilon-control version of Ranicki's argument for the bounded control case [6]. For a given $(C, \psi)$ of radius $\epsilon$, pick up a subcomplex $C^{\prime} \subset C$ such that $C^{\prime}$ is identical with $C$ over $A$ and $C^{\prime}$ lies over some neighborhood of $A$. Let $p: C \rightarrow C / C^{\prime}$ be the quotient map and define $C^{\prime \prime}$ by the $n$-dual $\left(C / C^{\prime}\right)^{n-*}$. Define a complex $E$ by the desuspension $\Omega \mathcal{C}\left(p \mathcal{D}_{\psi} p^{*}\right)$ of the algebraic mapping cone of the following map:

$$
C^{\prime \prime}=\left(C / C^{\prime}\right)^{n-*} \xrightarrow{p^{*}} C^{n-*} \xrightarrow{\mathcal{D}_{\psi}} C \xrightarrow{p} C / C^{\prime},
$$

where $\mathcal{D}_{\psi}$ is the duality map $(1+T) \psi_{0}$ for $\psi$. There are natural maps $g^{\prime}: E \rightarrow C^{\prime}$, $g^{\prime \prime}: E \rightarrow C^{\prime \prime}$ and adjoining quadratic Poincare structures on them such that the union along the common boundary is homotopy equivalent to the original complex c. We should note that $E$ is non-trivial in degrees -1 and $n$ and that it lies over $B$.

Since $\mathcal{D}_{\psi}$ is a small chain equivalence, its mapping cone is contractible. Therefore, $E$ is contractible away from the union of $A$ and a small neighborhood of $Y$, and it is chain equivalent to a projective chain complex $P$ lying over a small neighborhood of $Y$ by 5.1 and 5.2 of [7]. Note that $\mathbb{Z}$ is used as the coefficient ring in [7], but the same argument works when the coefficient ring is replaced by $R$. Since $n \geq 2$, we can assume that $P$ is strictly $(n-1)$-dimensional (i.e. $C_{i}=0$ for $i<0$
and $i>n-1)$ by the standard folding argument, and the chain equivalence induces a desired cobordism.

There is a quadratic Poincaré structure on a chain map $f^{\prime}: P \rightarrow C^{\prime}$; therefore, the duality map gives a chain equivalence $C^{\prime n-*} \longrightarrow \mathcal{C}\left(f^{\prime}\right)$, were $\mathcal{C}\left(f^{\prime}\right)$ denotes the algebraic mapping cone of $f^{\prime}: P \rightarrow C^{\prime}$. Therefore

$$
[P]=-\left(\left[C^{\prime}\right]-[P]\right)=-\left[\mathcal{C}\left(f^{\prime}\right)\right]=-\left[C^{\prime n-*}\right]=0
$$

in the epsilon controlled reduced projective class group of the union of $A$ and a small neighborhood of $Y$ with coefficient in $R$, and hence $P$ is chain equivalent to a free $(n-1)$-dimensional complex $F^{\prime}$ lying over the union of $A$ and a small neighborhood of $Y$.

Remarks. (1) Suppose that $X$ is a finite polyhedron or a finite cell complex in the sense of [10] more generally. Then there exist positive numbers $\epsilon_{X}>0, \mu_{X} \geq 1$ and a homotopy $\left\{f_{t}\right\}: X \rightarrow X$ such that

- $f_{0}=1_{X}$,
- $f_{t}(\Delta) \subset \Delta$ for each cell $\Delta$ and for each $t \in[0,1]$,
- $f_{t}$ is Lipschitz with Lipschitz constant $\mu_{X}$ for each $t \in[0,1]$, and
- $f_{1}\left(\left(X^{(i)}\right)^{\epsilon X}\right) \subset X^{(i)}$ for every $i$, where $X^{(i)}$ is the $i$-skeleton of $X$.

Suppose $\left\{f_{t}\right\}$ is covered by a homotopy $\left\{F_{t}: M \rightarrow M\right\}$ and set $\delta_{X}=\epsilon_{X} \lambda$. If $\epsilon \leq \delta_{X}$ and $A$ and $B$ are subcomplexes of $X$, then by applying $F_{1}$ to the splitting given in the above lemma, we may assume that the pieces lie over $A, B$ and $A \cap B$ respectively, instead of their neighborhoods. But $\lambda$ is now replaced by $\mu_{X} \lambda$ and it depends not only on $n$ but also on $X$. We call such a deformation $\left\{f_{t}\right\}$ a rectification for $X$.
(2) The splitting formula for pairs given in [11] can be combined with 5.1 and 5.2 of [7] to prove a similar splitting lemma for pairs : a sufficiently small Poincaré pair splits into two adjoining quadratic Poincaré triads whose common boundary piece is possibly a projective pair.

## 3. Squeezing over a Circle

We discuss squeezing over the unit circle. We use the maximum metric of $\mathbb{R}^{2}$, so the unit circle looks like a square:


Consider a quadratic Poincaré $R$-module complex on the unit circle. We assume that its radius is sufficiently small so that it splits into four free pieces $E, F, G$, $H$ with projective boundary pieces $P, Q, S, T$ as shown in the picture below. The shadowed region is a cobordism between the original complex and the union of $E$, $F, G, H$. Although we actually measure the radius using the radial projection to the unit circle (i.e. the square), we pretend that complexes and cobordisms are over the plane.


We extend this cobordism in the following way. On the right vertical edge, we have a quadratic pair $P \oplus Q \rightarrow F$. (We are omitting the quadratic structure from notation.) Take the tensor product of this with the symmetric complex of the unit interval $[0,1]$. Make many copies of such a product and consecutively glue them one after the other to the cobordism. Do the same thing with the other three edges. Then fill in the four quadrants by copies of $P, Q, S, T$ multiplied by the symmetric complex of $[0,1]^{2}$ so that the whole picture looks like a huge square with a square hole at the center.

Although this cobordism is made up of free complexes and projective complexes, the projective complexes sitting on the white edges are shifted up 1 dimension, and the projective complexes sitting at the lattice points are shifted up 2 dimension in the union.


We can make pairs of these (as shown in the picture above for $P$ 's) so that each pair contributes the trivial element in the controlled reduced projective class group. Replace each pair by a free complex.

Unlike the real Eilenberg swindle, there are four projective complexes left which do not make pairs. We may assume that they are the boundary pieces of $F$ and $H$ on the outer end. Since the two pairs $P \oplus Q \rightarrow F, S \oplus T \rightarrow H$ are Poincaré, the unions $P \oplus Q$ and $S \oplus T$ are locally chain equivalent to free complexes. Thus we can replace them by free complexes, and now everything is free.

Now recall that we actually measure things by a radial projection to the square. Thus we have a cobordism from the original complex to another complex of very small radius. If we increase the number of layers in the construction, the radius of the outer end becomes arbitrarily small. This is the squeezing in the case of $S^{1}$.

## 4. Alexander Trick

The method in the previous section does not work for higher dimensions, because we cannot inductively split the projective pieces. But the proof suggests an alternative way toward squeezing/stability. This is the topic of this section. Although we used a radial projection to measure the size in the previous section, we draw pictures of things in their real sizes in this section.

Let $X$ be a finite polyhedron, $p_{X}: M \rightarrow X$ be a fibration, and $R$ be a ring with involution. We assume that all the complexes below are $R$-module complexes and that $n \geq 2$. We fix an order on the set of the vertices of $X$. For the proof of Theorem 1, any order can be used. Later, when we prove the stability for controlled maps with iterated mapping cylinder decompositions in $\S 6$, a good choice of the order is essential.

Pick a vertex $v$ of $X$, and let $A$ be the star neighborhood of $v, B$ be the closure of the complement of $A$ in $X$, and $S$ be the union of the simplices in $A$ whose vertices are all $\geq v$ with respect to the chosen order. This will be called the stable set at $v$. Let $s: A \rightarrow S$ be the simplicial retraction defined by

$$
s\left(v^{\prime}\right)= \begin{cases}v & \text { if } v^{\prime}<v \\ v^{\prime} & \text { if } v^{\prime} \geq v\end{cases}
$$

for vertices $v^{\prime}$ of $A$. A strong deformation retraction $s_{t}: A \rightarrow A$ is defined by $s_{t}(a)=(1-t) a+t s(a)$ for $a \in A$ and $t \in[0,1]$.


Given a sufficiently small $n$-dimensional quadratic Poincaré complex $c=(C, \psi)$ on $p_{X}$, one can split it according to the splitting of $X$ into $A$ and $B: c$ is cobordant (actually homotopy equivalent) to the union $c^{\prime}$ of a projective quadratic Poincaré pair $a=\left(f: P \rightarrow F,\left(\delta \psi^{\prime}, \psi^{\prime}\right)\right)$ on $p_{A}$ and a projective quadratic Poincaré pair $b=\left(g: P \rightarrow G,\left(\delta \psi^{\prime \prime},-\psi^{\prime}\right)\right)$ on $p_{B}$, where $F$ is an $n$-dimensional chain complex on $p_{A}, G$ is an $n$-dimensional chain complex on $p_{B}$, and $P$ is an $(n-1)$-dimensional projective chain complex on $p_{A \cap B}$.

Make many copies of the product cobordism from the pair $a$ to itself, and successively glue them to the cobordism between $c$ and $c^{\prime}$. This gives us a cobordism from $c$ to a (possibly) projective complex. We will remedy the situation by replacing the projective end by a free complex as follows. The copies of $P$ connecting the layers are actually shifted up 1 dimension in the union, so the marked pairs of $P$ 's contribute the trivial element of the controlled $\widetilde{K}_{0}$ group of $A \cap B$, and we can replace each pair with a free module by adding chain complexes of the form

$$
0 \longrightarrow Q_{i} \xrightarrow{1} Q_{i} \longrightarrow 0
$$

lying over $A \cap B$, where $Q_{i}$ is a projective module such that $P_{i} \oplus Q_{i}$ is free. Therefore, these pairs are all chain equivalent to some free chain complex $F^{\prime}$. The last $P$ remaining at the top of the picture can be replaced by some free complex $F^{\prime \prime}$ lying over $A$ as stated in the splitting lemma.


We deform the tower, which is now free, toward $S$ using $s_{t}$ as in the picture above so that the top of the tower is completely deformed to $S$. Actually the complexes are on $M$, not on $X$, so we use a deformation of $p_{X}^{-1}(A)$ to $p_{X}^{-1}(S)$ which covers $s_{t}$. This is where we use the condition that $p_{X}$ is a fibration.

Summary. Let $n \geq 2$. There exist constants $\delta>0$ and $\lambda \geq 1$ which depend on $n$ and $X$ such that any n-dimensional quadratic Poincaré complex of radius $\epsilon \leq \delta$ is $\lambda \epsilon$ Poincaré cobordant to another complex which is small in the track direction of $s_{t}$. The more layers we use, the smaller the result becomes in the track direction.

Remarks. (1) We cannot take $\lambda=1$ in general, since the radius of the complexes gets bigger during the splitting/glueing processes.
(2) This construction will be referred to as the Alexander trick at $v$.
(3) There is also an Alexander trick for pairs. If we use the splitting lemma for pairs, then instead of a pair we get a Poincaré triad

over $A$, where $P, Q$ are projective and $E, F$ are free. Since both $P$ and $Q$ are free over $A$, we can carry out the construction exactly in the same manner as above. The effect on the boundary is exactly the same as the absolute Alexander trick.
(4) Take a simplex $\Delta$ of $X$ with ordered vertices $v_{0}<v_{1}<\cdots<v_{n}$. Let $\left(\lambda_{0}, \ldots, \lambda_{n}\right)$ be the barycentric coordinates of a point $x \in \Delta$, i.e. $x=\sum \lambda_{i} v_{i}$. Then we define the pseudo-coordinates $\left(x_{1}, \ldots, x_{n}\right)$ of $x$ by $x_{i}=\lambda_{i} /\left(\lambda_{0}+\cdots+\lambda_{i}\right)$. Actually $x_{i}$ is indeterminate if $\lambda_{0}=\cdots=\lambda_{i}$. Let $s_{i, t}: \Delta \rightarrow \Delta$ be the restriction to $\Delta$ of the deformation retraction used for an Alexander trick at $v_{i}$; then $s_{0, t}=1_{\Delta}$ for every $t \in[0,1]$, and $s_{i, t}$ preserves the pseudo-coordinate $x_{j}$ for $j$ not equal to $i$. This means that, roughly speaking, an Alexander trick at $v_{i}$ improves the radius control in the $x_{i}$ direction and changes the radius control in the $x_{j}$ direction $(j \neq i)$ only up to multiplications by the constant $\lambda$ given in the Splitting Lemma and by the Lipschitz constant of $s_{i, t}$ which is uniform with respect to $t$. Thus, if we can
perform appropriate Alexander tricks at all the vertices of $\Delta$, then we can obtain an arbitrarily fine control over $\Delta$. A more detailed discussion will be given in the next section.

Let us state a lemma on Lipschitz properties related to the homotopy $s_{t}$ above, for future use.

Lemma 3. Let $X$ be a subset of $\mathbb{R}^{N}$ with diameter $d$ and $s: X \rightarrow X$ be a Lipschitz map with Lipschitz constant $K \geq 1$. Suppose $X$ contains the line segment $x s(x)$ for every $x \in X$ and let $s_{t}(x)=t s(x)+(1-t) x$ for $t \in[0, a]$. Then $s_{t}: X \rightarrow X$ has Lipschitz constant $K$, and the map

$$
H: X \times[0, a] \rightarrow X \times[0, a] ; \quad H(x, t)=\left(s_{t / a}(x), t\right)
$$

has Lipschitz constant $\max \{d / a, 1\}+K$ with respect to the maximum metric on $X \times[0, a]$.
Proof. Let $x, y$ be points in $X$. Then

$$
\begin{aligned}
d\left(s_{t}(x), s_{t}(y)\right) & =\|t(s(x)-s(y))+(1-t)(x-y)\| \\
& \leq t d(s(x), s(y))+(1-t) d(x, y) \\
& \leq t K d(x, y)+(1-t) K d(x, y)=K d(x, y)
\end{aligned}
$$

Next, take two points $p=(x, t), q=(y, u)$ of $X \times[0, a]$, and let $p^{\prime}=(x, u)$. Then we have

$$
\begin{aligned}
d(H(p), H(q)) & \leq d\left(H(p), H\left(p^{\prime}\right)\right)+d\left(H\left(p^{\prime}\right), H(q)\right) \\
& =\max \left\{d\left(s_{t / a}(x), s_{u / a}(x)\right),|t-u|\right\}+d\left(s_{u / a}(x), s_{u / a}(y)\right) \\
& \leq \max \{|t-u| d(s(x), x) / a,|t-u|\}+K d(x, y) \\
& \leq|t-u| \max \{d / a, 1\}+K d(x, y) \\
& \leq(\max \{d / a, 1\}+K) \max \{d(x, y),|t-u|\} \\
& =(\max \{d / a, 1\}+K) d(p, q) .
\end{aligned}
$$

## 5. Proof of Theorem 1

The algebraic theory of surgery on quadratic Poincaré complexes in an additive category [5] carries over nicely to the controlled setting, and can be used to prove a stable periodicity of the controlled $L$-groups. Therefore, we give a proof of the stability in the case $n \geq 2$. The stability for $n=0,1$ follows from the stability for $n=4,5$.

We first state the squeezing lemma for quadratic Poincaré complexes:
Lemma 4 (Squeezing of Quadratic Poincaré Complexes). There exist constants $\delta_{0}>0$ and $\kappa>1$, which depends on $n$ and $X$, such that any n-dimensional quadratic Poincaré $R$-module complex of radius $\epsilon^{\prime} \leq \delta_{0}$ is $\kappa \epsilon^{\prime}$ Poincaré cobordant to an arbitrarily small quadratic Poincaré complex.

Proof. Let $X$ be a polyhedron in $\mathbb{R}^{N}$, and let $v_{0}, v_{1}, \ldots, v_{m}$ be the ordered vertices of $X$. The basic idea is to apply the Alexander trick at each $v_{i}$. This should make the complex arbitrarily small in $X$ as noted in the previous section. The problem is that an Alexander trick is made up of two steps: the first step is to make a tower using splitting, and the second step is to squeeze the tower, and estimating the effect of the splitting used in the first step is very difficult especially near the vertex when the object is getting smaller in a non-uniform way. To avoid this difficulty, we blow up the metric around each vertex so that the ordinary control on the new
metric space insures us that the result has a desired small control measured on the original metric space $X$. Note that we are implicitly using this approach in the circle case.

Suppose $\epsilon>0$ is the given goal we want to achieve. Let us start from a complex $c$ of radius $\epsilon^{\prime}>0$ on $X$. Since $X$ is a finite polyhedron, there exist $\delta>0$ and $\lambda \geq 1$ such that if $\epsilon^{\prime} \leq \delta$ then $c$ is $\lambda \epsilon^{\prime}$ cobordant to the union of two pieces according to the splitting of $X$ into two subpolyhedra as in the remark after Lemma 2. Recall that $\delta$ and $\lambda$ depends on $X$. Set $\mu=100$, and set $\delta_{0}=\delta /\left(\mu \lambda^{2}\right)^{m-1}$. The factor 100 comes from 2.8 of [9]. We claim that if $\epsilon^{\prime} \leq \delta_{0}$, then a successive application of Alexander tricks produces a cobordism from $c$ to a complex of radius $\epsilon$.

Let us fix some more notation. $V_{1}, \ldots, V_{m}$ are the star neighborhoods of $v_{1}, \ldots$, $v_{m}$, and $L_{1}, \ldots, L_{m}$ are the links of $v_{1}, \ldots, v_{m} ; V_{i}$ is the cone over $L_{i}$ with vertex $v_{i}$ for each $i . S_{1}, \ldots, S_{m}$ are the stable sets at $v_{1}, \ldots, v_{m} . K \geq 1$ is the Lipschitz constant which works for every retraction $s_{i}: V_{i} \rightarrow S_{i}$ used for the Alexander trick at $v_{i}$. Let $d$ denote the diameter of $X$, and let $\sharp(X)$ denote the number of simplices of $X$. Now fix a number $H \geq 1$ such that

$$
H>d \quad \text { and } \quad 4 \mu \sharp(X)(K+1)^{m}\left(\mu \lambda^{2}\right)^{m} \epsilon^{\prime} \cdot \frac{d}{H}<\epsilon
$$

We inductively define metric spaces and subsets

$$
X_{*}^{i, j} \supset X^{i, j} \supset V_{k}^{i, j} \supset L_{k}^{i, j} \quad(1 \leq i \leq j<k \leq m)
$$

together with fibrations $p_{*}^{i, j}: M_{*}^{i, j} \rightarrow X_{*}^{i, j}$ as follows.
Identify $\mathbb{R}^{N}$ with the subset $\mathbb{R}^{N} \times\{0\}$ of $\mathbb{R}^{N+1}=\mathbb{R}^{N} \times \mathbb{R}$ with the maximum product metric. For each $i=1, \ldots, m$, define $X_{*}^{i, i}$ and its subsets $X^{i, i}, V_{k}^{i, i}, L_{k}^{i, i}$ ( $k=i+1, \cdots, m)$ by

$$
\begin{aligned}
& X_{*}^{i, i}=X \cup\left(V_{i} \times[0, H]\right) \\
& X^{i, i}=\left(X-V_{i}\right) \cup\left(L_{i} \times[0, H]\right) \cup\left(V_{i} \times\{H\}\right) \\
& V_{k}^{i, i}=\left(V_{k}-V_{i}\right) \cup\left(V_{k} \cap L_{i} \times[0, H]\right) \cup\left(V_{k} \cap V_{i} \times\{H\}\right) \\
& L_{k}^{i, i}=\left(L_{k}-V_{i}\right) \cup\left(L_{k} \cap L_{i} \times[0, H]\right) \cup\left(L_{k} \cap V_{i} \times\{H\}\right) .
\end{aligned}
$$

The projection $\mathbb{R}^{N} \times \mathbb{R} \rightarrow \mathbb{R}^{N}$ restricts to a retraction $r_{i, i}: X_{*}^{i, i} \rightarrow X$. We define the fibration $p_{*}^{i, i}: M_{*}^{i, i} \rightarrow X_{*}^{i, i}$ to be the pullback of $p_{X}: M \rightarrow X$ via $r_{i, i}$, and define the fibration $p^{i, i}: M^{i, i} \rightarrow X^{i, i}$ to be the restriction of $p_{*}^{i, i}$ to $M^{i, i}$. Note that the stereographic projection from $\left(v_{i},-H\right) \in \mathbb{R}^{N} \times \mathbb{R}$ defines a homeomorphism $X \rightarrow X^{i, i}$ sending $V_{k}$ and $L_{k}$ to $V_{k}^{i, i}$ and $L_{k}^{i, i}$ respectively, since $V_{i}$ is the cone on $L_{i}$ with center $v_{i}$.

Next, for each $i=1, \ldots, m-1$, define $X_{*}^{i, i+1} \subset \mathbb{R}^{N} \times \mathbb{R} \times \mathbb{R}$ and its subsets $X^{i, i+1}, V_{k}^{i, i+1}, L_{k}^{i, i+1}(k=i+2, \cdots, m)$ by

$$
X_{*}^{i, i+1}=X^{i, i} \cup\left(V_{i+1}^{i, i} \times[0, H]\right)
$$

$$
X^{i, i+1}=\left(X^{i, i}-V_{i+1}^{i, i}\right) \cup\left(L_{i+1}^{i, i} \times[0, H]\right) \cup\left(V_{i+1}^{i, i} \times\{H\}\right) \subset X^{i, i} \times \mathbb{R}
$$

$$
V_{k}^{i, i+1}=\left(V_{k}^{i, i}-V_{i}^{i, i}\right) \cup\left(V_{k}^{i, i} \cap L_{i}^{i, i} \times[0, H]\right) \cup\left(V_{k}^{i, i} \cap V_{i}^{i, i} \times\{H\}\right)
$$

$$
L_{k}^{i, i+1}=\left(L_{k}^{i, i}-V_{i}^{i, i}\right) \cup\left(L_{k}^{i, i} \cap L_{i}^{i, i} \times[0, H]\right) \cup\left(L_{k}^{i, i} \cap V_{i}^{i, i} \times\{H\}\right)
$$

Again we use the product metric of $\mathbb{R}^{N} \times \mathbb{R}$ and $\mathbb{R}$. The projection $\mathbb{R}^{N} \times \mathbb{R} \times \mathbb{R} \rightarrow$ $\mathbb{R}^{N} \times \mathbb{R}$ restricts to a retraction $r_{i, i+1}: X_{*}^{i, i+1} \rightarrow X^{i, i}$. The fibrations $p_{*}^{i, i+1}:$ $M_{*}^{i, i+1} \rightarrow X_{*}^{i, i+1}$ and $p^{i, i+1}: M^{i, i+1} \rightarrow X^{i, i+1}$ are defined to be the pullbacks of $p_{*}^{i, i}$ via $r_{i, i+1}$ and $r_{i, i+1} \mid X^{i, i+1}$, respectively. Although $V_{i+1}^{i, i}$ is not a cone, it is homeomorphic to $V_{i+1}$ and has a topological cone structure. So one can construct
a homeomorphism from $X^{i, i+1}$ to $X^{i, i}$ sending $V_{k}^{i, i+1}$ and $L_{k}^{i, i+1}$ to $V^{i, i}$ and $L^{i, i}$ respectively, and hence a homeomorphism to $X$.

We can continue this to inductively obtain the metric space

$$
X_{*}^{i, j}=X^{i, j-1} \cup\left(V_{j}^{i, j-1} \times[0, H]\right)
$$

as a subset of $\mathbb{R}^{N} \times \mathbb{R}^{j-i+1}$, and its subsets $X^{i, j} \supset V_{k}^{i, j} \supset L_{k}^{i, j}(k=j+1, \cdots, m)$, together with fibrations $p_{*}^{i, j}: M_{*}^{i, j} \rightarrow X_{*}^{i, j}$, and $p^{i, j}: M^{i, j} \rightarrow X^{i, j}$. Topologically all the spaces $X^{i, j}$ 's are equal to $X$, and all the sets $V_{k}^{i, j}$,s are equal to $V_{k}$. We are only changing the metric, the cell structure of $X$, and the fibration.


Our next task is to do Alexander tricks at $v_{1}, \ldots, v_{m}$ on these spaces instead of $X$. Since $\epsilon^{\prime} \leq \delta_{0} \leq \delta$, we can split the original complex $c$ into two pieces on $V_{1}$ and the closure of its complements by a $\lambda \epsilon^{\prime}$ cobordism. Now we construct a tower: we make copies of the trivial cobordism from the pair on $\left(V_{1}, L_{1}\right)$ to itself and successively attach them to the cobordism along $V_{1} \times[0, H]$. This is actually done on $M_{*}^{1,1}$.

We use enough layers so that the result is a projective cobordism of radius $\mu \lambda \epsilon^{\prime}$ measured on $X_{*}^{1,1}$ from $c=\bar{c}_{0}$ to a complex $c_{1}^{\prime}$ on $X^{1,1}$. Recall $\mu=100$ and it comes from taking a union of Poincaré cobordisms. As described in previous sections, we can replace this by a free cobordism of radius $\mu \lambda^{2} \epsilon^{\prime}$ from $c$ to a free complex $\bar{c}_{1}$ on $X^{1,1}$.

We postpone the squeezing to a later stage and go ahead to perform Alexander trick over $V_{2}^{1,1} \subset X^{1,1}$ on $\bar{c}_{1}$. Although $X^{1,1}$ has a different metric from $X$, the difference lies along the cylinder $L_{1} \times[0, H]$. If $H$ is sufficiently large, then a rectification for $X^{1,1}$ can be easily constructed from those for $X$ and $[0, H]$, and the $\delta$ and $\lambda$ for $X$ works also for $X^{1,1}$. Since $\mu \lambda^{2} \epsilon^{\prime} \leq \delta$, we can do splitting and cut out the portion on $V_{2}^{1,1}$ by a $\mu \lambda^{3} \epsilon^{\prime}$ cobordism. Again use enough copies of this to get a $\mu^{2} \lambda^{3} \epsilon^{\prime}$ cobordism on $X_{*}^{1,2}$ to a complex $\bar{c}_{2}^{\prime}$ on $X^{1,2}$ and then replace this by free $\mu^{2} \lambda^{4} \epsilon^{\prime}$ cobordism to a free complex $\bar{c}_{2}$ on $X^{1,2}$. Since $\epsilon^{\prime} \leq \delta_{0}$, we can continue this process to obtain a consecutive sequence of free cobordisms:

Now we construct a map $S^{1, m}: X^{1, m} \rightarrow X$ covered by a map of fibrations so that the functorial image of $\bar{c}_{m}$ has the desired property. This is done by inductively constructing maps $S_{*}^{i, j}: X_{*}^{i, j} \rightarrow X$ and its restriction $S^{i, j}: X^{i, j} \rightarrow X$ for certain pairs $j \geq i$.

First we define $S_{*}^{i, i}: X_{*}^{i, i} \rightarrow X$. Let us recall that $S_{i} \subset V_{i}$ denotes the stable set at $v_{i}$. Using the strong deformation retraction $s_{i, t}: V_{i} \rightarrow V_{i}$, define a map
$S_{i}^{\prime}: X_{*}^{i, i} \rightarrow X_{*}^{i, i}$ by:

$$
(x, h) \mapsto \begin{cases}(x, 0) & \text { if } x \in X \text { and } h=0 \\ \left(s_{i, h / H}(x), h\right) & \text { if } x \in V_{i} \text { and } h>0\end{cases}
$$

This map is covered by a map of the corresponding fibrations, since it is homotopic to the identity.

Lemma 5. $S_{i}^{\prime}$ has Lipschitz constant $K+1$.
Proof. This is obtained by applying Lemma 3 to the sets of the form $\{x\} \cup V_{i}$ for $x \in X-V_{i}$, extending the map $s_{i}$ on $x$ by $s_{i}(x)=x$.
$S_{*}^{i, i}: X_{*}^{i, i} \rightarrow X$ is defined by composing $S_{i}^{\prime}$ with the projection $r_{i, i}: X_{*}^{i, i} \rightarrow X$. It has Lipschitz constant $K+1$. Define $S^{i, i}: X^{i, i} \rightarrow X$ by the restriction of $S_{*}^{i, i}$.

Now recall that $X_{*}^{1,2}$ and $X_{*}^{2,2}$ are obtained by attaching $V_{2}^{1,1} \times[0, H]$ and $V_{2} \times[0, H]$ to $X^{1,1}$ and $X$, respectively. Since $S^{1,1}: X^{1,1} \rightarrow X$ maps $V_{2}^{1,1}$ to $V_{2}$, the product map $S^{1,1} \times 1_{[0, H]}: X^{1,1} \times[0, H] \rightarrow X \times[0, H]$ restricts to a $\operatorname{map} S^{1,1} \times 1 \mid: X_{*}^{1,2} \rightarrow X_{*}^{2,2}$. Compose this with $S_{*}^{2,2}: X_{*}^{2,2} \rightarrow X$ to define $S_{*}^{1,2}: X^{1,2} \rightarrow X$. Continue this as in the following diagram to eventually get the desired map $S^{1, m}: X^{1, m} \rightarrow X$.


Recall that there is a topological identification of $X^{1, m}$ with $X$. So we can think of $S^{1, m}$ to be a map from $X$ to $X$ equipped with different metrics. Although it is not a homeomorphism, it preserves all the simplices, i.e. $S^{1, m}(\Delta)=\Delta$ for every simplex $\Delta$ of $X$. When restricted to a simplex, $S^{1, m}$ has Lipschitz constant $(K+1)^{m} d / H$.


The three pictures above illustrate the application of $S^{1,1}$ to $X^{1,1}$. The thin solid lines in the rightmost picture indicate the direction in which controls are obtained.

The three pictures below illustrate the application of $S^{1,2}$ to $X^{1,2}$. The leftmost picture shows the image $\left(S^{1,1} \times 1\right)\left(X^{1,2}\right)=X^{2,2}$. Again the thin solid lines on the faces indicate the directions in which controls are obtained.


Let us consider the functorial image $c_{m}$ of $\bar{c}_{m}$ by a map $\widetilde{S}^{1, m}: M^{1, m} \rightarrow M$ covering $S^{1, m}$. Recall that $\bar{c}_{m}$ has radius $\epsilon^{\prime \prime}=\left(\mu \lambda^{2}\right)^{m} \epsilon^{\prime}$. Take a ball $B$ of radius $\epsilon^{\prime \prime}$ with in $X^{1, m} . B$ is the union of subsets $B \cap \Delta$ each having diameter $2 \epsilon^{\prime \prime}$, where $\Delta$ are the simplices of $X^{1, m}$. The images of $B \cap \Delta$ in $X$ by $S^{1, m}$ all have diameter $2(K+1)^{m} \epsilon^{\prime \prime} d / H$ and their union $S^{1, m}(B)$ is connected. Therefore $S^{1, m}(B)$ has diameter $2 \sharp(X)(K+1)^{m} \epsilon^{\prime \prime} d / H$. Thus $c_{m}$ has radius

$$
4 \sharp(X)(K+1)^{m}\left(\mu \lambda^{2}\right)^{m} \epsilon^{\prime} d / H
$$

and this is smaller than $\epsilon$ by the choice of $H$.
It remains to find a constant $\kappa$ such that $c$ and $c_{m}$ are $\kappa \epsilon^{\prime}$ cobordant. Define a complex $c_{i}$ on $X$ to be the functorial image of $\bar{c}_{i}$ by the map covering $S^{1, i}: X^{1, i} \rightarrow$ $X$. The functorial image of the $\left(\mu \lambda^{2}\right)^{i} \epsilon^{\prime}$ cobordism between $\bar{c}_{i-1}$ and $\bar{c}_{i}$ by the map covering $S_{*}^{1, j}$ gives a $4 \sharp(X)(K+1)^{i}\left(\mu \lambda^{2}\right)^{i} \epsilon^{\prime}$ cobordism between $c_{i-1}$ and $c_{i}$. Composing these we get a $4 \mu \sharp(X)(K+1)^{m}\left(\mu \lambda^{2}\right)^{m} \epsilon^{\prime}$ cobordism between $c$ and $c_{m}$. Thus $\kappa=4 \mu \sharp(X)(K+1)^{m}\left(\mu \lambda^{2}\right)^{m}$ works. This completes the proof.

Note that Lemma 4 implies that the relax-control map in Theorem 1 is surjective: Take an element $[c] \in L_{n}^{\delta, \epsilon}\left(X ; p_{X}, R\right)$ with $\delta \leq \delta_{0}$. Then the inequality $\epsilon \leq \delta_{0}$ holds and therefore there is a Poincaré cobordism of radius $\kappa \epsilon\left(\leq \delta_{0}\right)$ from $c$ to a quadratic Poincaré complex $c^{\prime}$ of radius $\epsilon^{\prime}$, determining an element $\left[c^{\prime}\right] \in L_{n}^{\delta^{\prime}, \epsilon^{\prime}}\left(X ; p_{X}, R\right)$ whose image under the relax-control map is $[c]$.

A relative squeezing lemma for quadratic Poincaré pairs can be proved using the Alexander trick for pairs, and the injectivity of the relax-control map follows from this: take an element $[c]$ in the kernel of the relax control map

$$
L_{n}^{\delta^{\prime}, \epsilon^{\prime}}\left(X ; p_{X}, R\right) \rightarrow L_{n}^{\delta, \epsilon}\left(X ; p_{X}, R\right)
$$

The quadratic complex $c=(C, \psi)$ of radius $\epsilon^{\prime}$ is the boundary of an $(n+1)$ dimensional quadratic Poincaré pair $(f: C \rightarrow D,(\delta \psi, \psi))$ of radius $2 \delta$. Apply Alexander trick for pairs at all the vertices of $X$ to this pair to get a very small Poincaré pair $\left.\left(f^{\prime}: C^{\prime} \rightarrow D^{\prime}\right),\left(\delta \psi^{\prime}, \psi^{\prime}\right)\right)$. Glue this to the cobordism between $(C, \psi)$ and $\left(C^{\prime}, \psi^{\prime}\right)$ of radius $\kappa \epsilon^{\prime}$ to get a null-cobordism of radius $2 \kappa \epsilon^{\prime}$ of $c$. If $\delta^{\prime} \geq 2 \kappa \epsilon^{\prime}$, then the element $[c]$ is 0 in $L_{n}^{\delta^{\prime}, \epsilon^{\prime}}\left(X ; p_{X}, R\right)$. This finishes the proof of Theorem 1.

## 6. Variations

6.1. Projective $L$-groups. There is a controlled analogue of projective $L^{p}$-groups. $L_{n}^{p, \delta, \epsilon}\left(X ; p_{X}, R\right)$ is defined using $\epsilon$ Poincaré $\epsilon$ quadratic projective $R$-module complexes on $p_{X}$ and $\delta$ Poincaré $\delta$ projective cobordisms. Similar stability results hold for these.

To get a squeezing result in the $L^{p}$-group case, we first take the tensor product of the given projective quadratic Poincaré complex $c$ with the symmetric complex $\sigma\left(S^{1}\right)$ of the circle $S^{1}$. By replacing it with a finite cover if necessary, we may assume that the radius of $\sigma\left(S^{1}\right)$ is sufficiently small. If the radius of $c$ is also sufficiently small, we can construct a cobordism to a squeezed complex. Split the cobordism along $X \times\{$ two points $\} \subset X \times S^{1}$ to get a projective cobordism from the original complex to a squeezed projective complex.
6.2. $U V^{1}$ control maps. When the control map is $U V^{1}$, there is no need to use paths to define morphisms between geometric modules [4]. This simplifies the situation quite a lot, and we have:

Proposition 6. Let $p_{X}: M \rightarrow X$ be a $U V^{1}$ map to a finite polyhedron. Then for any pair of positive numbers $\delta \geq \epsilon$, there is an isomorphism

$$
L_{n}^{\delta, \epsilon}\left(X ; p_{X}, R\right) \cong L_{n}^{\delta, \epsilon}\left(X ; 1_{X}, R\right)
$$

for any ring with involution $R$ and any integer $n \geq 0$.
By Theorem 1, the stability holds for $L_{n}^{\delta, \epsilon}\left(X ; 1_{X}, R\right)$ and hence the stability holds also for $L_{n}^{\delta, \epsilon}\left(X ; p_{X}, R\right)$.
6.3. Compact metric ANR's. Squeezing and stability also hold when $X$ is a compact metric ANR. To see this, embed $X$ in the Hilbert cube $I^{\infty}$. There is a closed neighborhood $U$ of $X$ of the form $P \times I^{\infty-N}$, where $P$ is a polyhedron in $I^{N}$. Use the fact that the retraction from $U$ to $X$ is uniformly continuous to deduce the desired stability from the stability on $P$ and $U$.
6.4. Maps with iterated mapping cylinder decomposition. Suppose $X$ is a finite polyhedron and the control map $p_{X}: M \rightarrow X$ has an iterated mapping cylinder decomposition in the sense of Hatcher [2]. $M$ is not required to be a polyhedron. We claim that squeezing works for this case. $P L$ maps between polyhedra are examples of such maps.

The key to squeezing in the case of a fibration was the use of Alexander tricks. An Alexander trick at a vertex $v$ uses two kinds of deformations; one is the rectification required to perform a precise splitting along the link of $v$, and the other is the deformation retraction of the star neighborhood of $v$ to the stable set at $v$. Those deformations are always covered by deformations of the fibration.

In the current situation, the rectification is always covered by a deformation of $M$ as in the case of a fibration. But that may not be the case for the deformation retraction of the star neighborhood to the stable set. Take a simplex $\Delta=\left\langle v_{0}, v_{1}, \ldots, v_{n}\right\rangle$ of $X$. By assumption $p_{X}^{-1}(\Delta)$ is the iterated mapping cylinder of a sequence

$$
L_{0} \xrightarrow{f_{1}} L_{1} \xrightarrow{f_{2}} \ldots \xrightarrow{f_{n}} L_{n}
$$

where $L_{i}$ is the space associated with the vertex $v_{i}$. If we use an order of the vertices which respects the order $v_{0}<v_{1}<\cdots<v_{n}$ coming from the iterated mapping cylinder decomposition for every simplex $\Delta$, then we can carry out the squeezing process described in the previous section.

## 7. Relations to Bounded L-Theory

In this section we shall identify the controlled $L$-theory groups with a bounded $L$-theory group, at least in the case of constant coefficients. The main advantage to having a bounded controlled description, is that it facilitates computations.
Definition 7. Let $X$ be a finite polyhedron and $R$ a ring with involution. Let $p_{X}$ : $X \times K \rightarrow X$ be a trivial fibration. We denote the common value of $L_{n}^{\delta, \epsilon}\left(X ; p_{X}, R\right)$ for small values of $\delta$ and $\epsilon$, which exists by Theorem 1 , by $L_{n}^{h, c}\left(X ; p_{X}, R\right)$. Here the $h$ signifies that we have no simpleness condition and the $c$ stands for controlled.

We may embed the finite polyhedron $X$ in a large dimensional sphere $S^{n}$ and consider the open cone $O(X)=\left\{t \cdot x \in R^{n+1} \mid t \in[0, \infty), x \in X\right\}$. We denote $X$ with a disjoint basepoint added by $X_{+}$.
Theorem 8. Let $p_{X}: X \times K \rightarrow X$ be as above, $\pi=\pi_{1}(K), R$ a ring with involution. Then

$$
L_{n}^{c, h}\left(X ; p_{X}, R\right) \cong L_{n+1}^{s}\left(\mathcal{C}_{O\left(X_{+}\right)}(R[\pi])\right)
$$

where $\mathcal{C}_{O\left(X_{+}\right)}(R[\pi])$ denotes the category of free $R[\pi]$ modules parameterized by $O\left(X_{+}\right)$and bounded morphisms.
Proof. Given an element in $L_{n}^{c, h}\left(X ; p_{X}, R\right)$, we can choose a stable $(\delta, \epsilon)$ representative. Crossing with the symmetric chain complex of $(-\infty, 0]$ produces a bounded quadratic chain complex when we parameterize it by $O(+)$, which is obviously a half line, with + being the extra basepoint. According to Theorem 1, we may produce a sequence of bordisms to increasingly smaller representatives of the given element in $L_{n}^{c, h}\left(X ; p_{X}, R\right)$. These bordisms may be parameterized by $\left\{t \cdot x \mid x \in X, a_{i}<t<a_{i+1}\right\}$ where the sequence of $a_{i}$ 's is chosen such that when these bordisms are glued together, we obtain a bounded quadratic complex parameterized by $O\left(X_{+}\right)$. We get an $s$-decoration because obviously we can split the bounded quadratic complex. The map in the opposite direction is given by a splitting obtained the same way as in Lemma 2.

One advantage of a categorical description is computational. We have as close an analogue to excision as is possible in the following: Let $Y$ be a subcomplex of $X$, and $S$ a ring with involution. We then get a sequence of categories

$$
\mathcal{C}_{O\left(Y_{+}\right)}(S) \rightarrow \mathcal{C}_{O\left(X_{+}\right)}(S) \rightarrow \mathcal{C}_{O(X / Y)}(S)
$$

which leads to a long exact sequence

$$
\ldots \rightarrow L_{n}^{a}\left(\mathcal{C}_{O\left(Y_{+}\right)}(S)\right) \rightarrow L_{n}^{b}\left(\mathcal{C}_{O\left(X_{+}\right)}(S)\right) \rightarrow L_{n}^{c}\left(\mathcal{C}_{O(X / Y)}(S)\right) \rightarrow \ldots
$$

where the rule to determine the decorations is that $b$ can be chosen to be any involution preserving subgroup of $K_{i}\left(\mathcal{C}_{O\left(X_{+}\right)}(S)\right), i \leq 2$, but then $c$ has to be the image in $K_{i}\left(\mathcal{C}_{O(X i / Y)}(S)\right)$, and $a$ has to be the preimage in $K_{i}\left(\mathcal{C}_{O\left(Y_{+}\right)}(S)\right)$. See [1] for a derivation of these exact sequences. This makes it possible to do extensive calculations with controlled $L$-groups.

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